

Ostomy Quiz Answer Key

Fill in the blanks with the correct answer.

1. There are approximately 1 million people in the United States who have an ostomy.
2. Stomas should be dark pink or red and moist.
3. When the small intestine is used to create a stoma, it is called an ileostomy.
4. Ostomies can be temporary or permanent.
5. Diverticulitis and bowel obstructions are common reasons for a colostomy.
6. Wear gloves during ostomy care to reduce exposure to bodily fluids.
7. Empty the ostomy pouch if it is 1/3 to 1/2 full.
8. The stoma has no nerve endings, so a gentle touch is crucial when cleaning.
9. Ostomy surgery can have a significant impact on a person's body image and self-esteem. One way to better understand these changes is to teach and promote self-care.
10. Report any abnormal findings to the healthcare provider or wound ostomy nurse.